



Renal Dialysis Whilst Travelling

THIS IS WHAT YOU NEED TO KNOW:

Life Healthcare has a network of renal dialysis units nationwide. To book your treatment whilst you are on holiday or travelling, follow these steps:

01

Contact the unit at least two weeks prior to your holiday to ensure the receiving facility has adequate time to prepare for your dialysis sessions.

02

Ask about available dialysis slots by enquiring to the renal dialysis unit of your choice.

[Click here for a list of our Life Healthcare renal dialysis units.](#)

Important information to note



Your treating nephrologists and unit manager will be required to engage with the receiving renal dialysis unit



Once availability of treatment slots is secured, your treatment schedule will be confirmed



Your treatment team will need to share all your clinically relevant documentation with the receiving team

The following documents are needed at least two weeks ahead of your visit:



ID/Passport



Medical aid card
(if applicable)



Latest virology studies including urine and sputum MC&S results (as per infection prevention and control policies)



Latest pathology results (Hb, U&E must be included)



Referring doctor prescription / special orders (including iron and EPO)



Completed patient holiday document (obtained from any Life Healthcare renal dialysis unit)

If you are a member of a medical aid, the renal dialysis unit you have booked your treatment with will obtain the medical aid authorisation from your medical scheme. Alternatively, if you are a private paying patient a quotation will be provided and payment will need to be settled prior to treatment. Dialysis sessions not approved by the patient's fund will mean that holiday patients will be treated as private cash paying patients.