

## LIFE KIDZ – WHAT TO BRING TO THE HOSPITAL...



We understand that having your little one admitted to the paediatric ward is stressful, here's a reminder of what to bring to make the stay more comfortable.

*Our dedicated team of paediatricians and nursing professionals are here to ensure your child receives the best possible care.*

### Remember the following for your child:

- Baby bottle / juice bottle and / or pacifier or special sippy cup
- Sealed tin of formula milk, if needed
- Nappies
- Toiletries for your child, such as wipes, cream, shampoo, soap, washcloth
- Comfortable clothing
- Toys, teddy bear and blanket – will help with soothing
- Favourite snack / drinks
- Any regular medication – in original packaging

### Remember the following for the parent(s):

- Comfortable clothing and toiletries, if needed
- Two-pin plug for cellphone and laptop charging
- Coffee cup / travel mug – if you do not want to use polystyrene cups
- Drinks and snacks
- Reading material
- Blanket and / or pillow, if needed

