



# LIFE MENTAL HEALTH

LEADING PROVIDER OF  
ACUTE PSYCHIATRIC SERVICES

## The right choice for acute mental healthcare

Life Healthcare is a leading provider of private psychiatric services in South Africa, with nine dedicated facilities situated across four provinces, namely: Gauteng, Eastern Cape, KwaZulu-Natal and Western Cape.

Our treatment programmes, facilitated by our multidisciplinary team have been developed to achieve optimal outcomes through the short term treatment of mental healthcare users in tranquil and therapeutic environments conducive to recovery.

## Our services

The mental healthcare services offered include general psychiatry, electroconvulsive therapy (ECT), treatment for substance dependence or other addictions associated with psychiatric disorders.

Treatments include evidence-based drug therapy, individual psychiatric consultations and psychotherapy, group therapy and, where needed, physical therapy.

These holistic services are provided by a multi-disciplinary team which, depending on individual patient needs, comprising of psychiatrists, psychologists, occupational therapists, physiotherapists, social workers and counsellors; as well as nursing practitioners trained in mental health.

## Our quality

Life Healthcare is committed to providing users with world-class quality mental healthcare. Life Mental Health is ISO 9001 : 2008 accredited for its quality management systems.



## Our facilities



### Life Brackenview, Brackendowns, Alberton

Total bed capacity – 80, comprising 50 beds for voluntary, 15 for assisted, five for involuntary and ten adolescent beds.



### Life Carstenview, Midrand

Total bed capacity – 60, comprising 15 beds for voluntary, 10 for assisted, five for involuntary and 30 for substance abuse.



### Life Huntersraig Private Hospital, Central, Port Elizabeth

Total bed capacity – 41, comprising 25 for voluntary admissions, six adolescent beds and 10 for substance abuse.



### Life Poortview, Roodepoort, Johannesburg

Total bed capacity – 80, comprising 55 beds for voluntary, 13 for assisted and four for involuntary admissions and eight adolescent beds.



### Life Riverfield Lodge, near Fourways, Sandton

Total bed capacity – 46, comprising 40 voluntary admissions and six assisted admissions.



### Life St Joseph's, Berea, Durban

Total bed capacity – 100 for voluntary admissions.



### Life St Mark's Clinic, Southernwood, East London

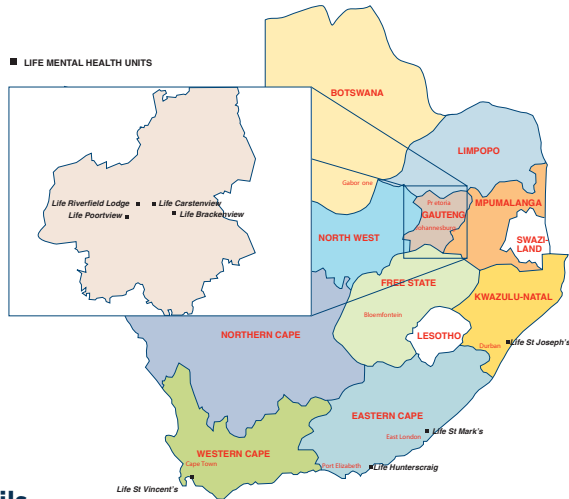
Total bed capacity – 70, comprising 30 for voluntary admissions, 20 adolescent beds and 20 for substance abuse.



### Life St Vincent's, Pinelands, Cape Town

Total bed capacity – 35 for voluntary admissions.

# Life Mental Health units across South Africa



## Contact Details

### EASTERN CAPE

#### LIFE HUNTERSCRAIG PRIVATE HOSPITAL

22 Park Drive, Central  
Port Elizabeth 6001  
Tel: 041 507 9500

#### LIFE RIVERFIELD LODGE

34 Southernwoods Road, Nietgedacht,  
Randburg 2194  
Tel: 087 352 3700

#### LIFE ST MARK'S CLINIC

16 St Andrews Road, Southernwood,  
East London 5201  
Tel: 043 707 4400

### KWAZULU-NATAL

#### LIFE ST JOSEPH'S

82 Mazisi Kunene (South Ridge) Road,  
Berea, Durban 4001  
Tel: 031 204 1300

### GAUTENG

#### LIFE BRACKENVIEW

20 De Waal Street  
Brackendowns, Alberton, 1448  
Tel: 010 009 6200

### WESTERN CAPE

#### LIFE ST VINCENT'S

Alexandra Road  
Pinelands, Cape Town, 7405  
Tel: 021 506 5360

#### LIFE CARSTENVIEW

21 Dane Road  
Glen Austin, Midrand, 1685  
Tel: 011 655 5791

### MENTAL HEALTH NATIONAL OFFICE

#### LIFE MENTAL HEALTH

Oxford Manor, 21 Chaplin Road,  
Illovo 2196  
Tel: 011 219 9620  
Email: [mentalhealth.headoffice@lifehealthcare.co.za](mailto:mentalhealth.headoffice@lifehealthcare.co.za)

#### LIFE POORTVIEW

18 Malcolm Road, Poortview  
Roodepoort 1724  
Tel: 087 352 2100