Moving oncology care forward so that you can look forward to life's moments

Safe handling of body fluids while undergoing chemotherapy



Making life better

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Wet your hands and wrists under running water.

Wash your hands with soap; and with rubbing motions between your fingers, under your nails, over your palm and on the back of hands and wrists. Wash vigorously for at least 15 seconds.

Rinse your hands and wrists thoroughly with water.

Dry your hands with a paper towel.

Turn off the water tap with a paper towel to keep your hands clean.



2 Wearing gloves

Always wear gloves when conducting the following tasks for someone who is receiving chemotherapy:

- Handling body fluids (e.g. urine, stools, saliva or sputum etc.)
- Cleaning the bathroom which they use
- Washing and ironing laundry worn by them

The gloves must be powder-free, made of latex or latex free. You can buy gloves at your local pharmacy.

Change your gloves right away when you notice that it has been torn, punctured, or soiled.

Change your gloves after every 30 minutes of continuous use.

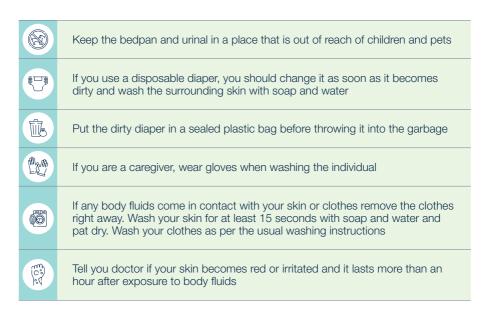
Gloves are single-use and should be thrown away after each use.

Remember to wash your hands vigorously with soap and water before and after wearing gloves.

3 Handling body fluids

Men should sit down on the toilet when passing urine to prevent splashing
If you are using the bedpan or urinal, you or your caregiver should wear gloves when emptying a bedpan or urinal into the toilet
Flush the toilet twice with the lid closed after any use
Rinse the bedpan or urinal after each use, and wash it with household bleach and warm water once a day. Do this carefully to avoid splashing any body fluids onto your skin or eyes

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Patient guide to safe handling of body fluids while undergoing chemotherapy

Notes:	

Life Oncology

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