

Emergency Units

In case of an **emergency...**

Save these numbers in your phone or download and print this handy list for your fridge or noticeboard so you have them close at hand

COVID-19 pandemic

National Institute of Communicable Diseases



0800 029 999

General emergencies

South African Police Services



10111

Ambulance and Fire Department



10177

Mental Health

South African Depression and Anxiety Group (SADAG)



011 234 4837

Gender-based violence

Gender-based Violence Command Centre



0800 428 428 or
120 7867# (free)

Life Healthcare Paramedic/Advanced Life Support (ALS)

Life Healthcare paramedic services employs paramedics in fully equipped response cars and offers free emergency paramedic assistance to their communities. There is only a cost if an ambulance is dispatched.

Life Healthcare Emergency Medical Services

0860 123 367

Life The Glynnwood

078 137 4304

Life Springs Parkland Hospital

082 504 8500

Life Flora Hospital

011 470 7744

Life Fourways Hospital

0860 444 044

Life Rosepark Hospital

0800 22 22 22

Life Vincent Pallotti Hospital

0860 532 532