



LIFE RENAL DIALYSIS

**SUPPORT FOR ACUTE AND
CHRONIC RENAL DIALYSIS PATIENTS**

We specialise in optimising your kidney function

Life Renal Dialysis provides kidney care to patients who have been diagnosed with acute or chronic kidney failure through:

Out-of-hospital treatment

- Chronic haemodialysis: this treatment uses a dialysis machine to remove waste products, excess salt and fluids from the blood of patients diagnosed with chronic kidney disease.

In-hospital treatments

- Acute haemodialysis (administered to patients diagnosed with acute kidney disease)
- Slow continuous therapy or CRRT (continuous renal replacement therapy / haemodialysis which is usually administered to critically ill patients for up to 24 hours a day, and for extended periods of time)
- Plasmapheresis (a blood purification procedure used to treat several autoimmune diseases, also known as plasma exchange)

Home based treatments

- CAPD (Continuous ambulatory peritoneal dialysis, a process in which a bag of dialysis fluid is drained into the peritoneal cavity through a special catheter. The fluid is left inside the body for some time to absorb excess salt and waste products and is then drained out)
- APD (Automated peritoneal dialysis is similar to CAPD, however the exchanges occur whilst you sleep and with the help of a 'cycler' machine)

Our multi-disciplinary team includes:

- Nephrologists
- Vascular surgeons
- Intensivists
- Cardiologists
- Endocrinologists
- Experienced renal nurses and technologists
- Clinical psychologists, dieticians and social workers





What do you need to know about our facilities?

Patients can dialyse in a safe and comfortable environment:

- High tech facilities with hospital-standard infection prevention systems.
- State of the art dialysis machines and equipment that can perform different modalities of dialysis including haemodialysis (HD), haemodiafiltration (HDF) and on-line clearance monitoring (OCM) – allowing for close monitoring of the effectiveness of dialysis (Kt/V values).
- Easy access to: support services such as radiology and pathology laboratories; hospital based specialists such as vascular surgeons; intensivists; cardiologists and endocrinologists.
- Access to 24-hour emergency medical services and doctors.
- Porter assistance for patients in wheelchairs
- Light meals with every session.
- Patient monitoring, outcomes measurement and benchmarking.



How can you access our services?

Our services can be accessed through three different channels:

- referral from a specialist or general practitioner to the nephrologist,
- referral directly from the treating nephrologist, or
- direct contact with the unit manager at the renal dialysis unit.

What information do we require from all new patients?

Life Healthcare case managers will assist and guide you with the following process:

- Obtaining relevant medical aid forms.
- Ensuring completion of the forms by your treating specialist.
- Returning the forms and your latest blood test results to the medical aid.
- Obtaining an additional motivation by your nephrologist should you need specialised procedures such as continuous ambulatory peritoneal dialysis.
- Assistance with authorisation processes.

For any queries please contact the units directly or the national office. See back page for contact details.

National spread of chronic renal units and mobile renal units

Contact details

WESTERN CAPE

LIFE KNYSNA PRIVATE HOSPITAL

Hunters Estate Drive, Hunters Home, Knysna 6570
Telephone number: 044 384 1083
Fax number: 086 678 9178

LIFE VINCENT PALLOTTI HOSPITAL

Alexandra Road, Pinelands, Cape Town 7405
Tel: 021 506 5111
Fax number: 021 531 0116

EASTERN CAPE

LIFE EAST LONDON PRIVATE HOSPITAL

32 Albany Street, East London 5201
Telephone number: 043 722 3128
Fax number: 043 722 3575

LIFE MERCANTILE HOSPITAL

Cnr Kempston & Durban Roads, Korsten, Port Elizabeth 6020
Telephone number: 041 404 0400
Fax number: 041 404 0551

GAUTENG

LIFE BEDFORD GARDENS HOSPITAL

7 Leicester Road, Bedford Gardens, Bedfordview 2008
Telephone number: 011 647 9000
Fax number: 011 616 2760

LIFE BRENTHURST HOSPITAL

4 Park Lane, Parktown, Johannesburg 2193
Telephone number: 011 647 9000
Fax number: 011 647 9009

LIFE CARSTENHOF HOSPITAL

21 Dane Road, Glen Austin, Midrand 1685
Telephone number: 011 655 5500
Fax number: 011 310 2318

LIFE FOURWAYS HOSPITAL

Cnr Cedar Road & Cedar Avenue West, Fourways 2055
Telephone number: 011 875 1000
Fax number: 011 875 1001

LIFE GROENKLOOF HOSPITAL

50 George Storrar Drive, Groenkloof, Pretoria 0181
Telephone number: 012 424 3600
Fax number: 012 346 0562

LIFE ROBINSON PRIVATE HOSPITAL

Hospital Road, Randfontein 1759
Telephone number: 011 278 8700
Fax number: 011 693 3109

LIFE SPRINGS PARKLAND HOSPITAL

Springs West Road, Pollak Park, Springs 1559
Telephone number: 011 812 4000
Fax number: 011 812 4100

LIFE THE GLYNNWOOD

33-35 Harrison Street, Benoni 1501
Telephone number: 011 741 5000
Fax number: 011 421 1242

LIFE WILGHEUWEL HOSPITAL

Amplifier Road, Radiokop Ext 13, Roodepoort 1724
Telephone number: 011 796 6500
Fax number: 086 500 9213

MPUMALANGA

LIFE COSMOS HOSPITAL

Cnr OR Tambo & Beatty Avenue, eMalahleni, Mpumalanga, 1035
Telephone number: 013 653 8000
Fax number: 013 653 8005

LIFE MIDMED HOSPITAL

Cnr OR Tambo & Joubert Streets, Middelburg, Mpumalanga 1055
Telephone number: 013 283 8700
Fax number: 013 282 6126

FREE STATE

LIFE ROSEPARK HOSPITAL

57 Gustav Crescent, Fichardt Park, Bloemfontein 9301
Telephone number: 051 505 5111
Fax number: 051 522 6769 or 0977

KWAZULU-NATAL

LIFE CHATSMED GARDEN HOSPITAL

80 Woodhurst Drive, Woodhurst, Chatsworth 4092
Telephone number: 031 459 8000
Fax number: 031 403 5388

LIFE EMPANGENI PRIVATE HOSPITAL

Cnr Biyela & Ukula Streets, Empangeni 3880
Telephone number: 035 902 8000
Fax number: 035 772 2038

LIFE ENTABENI HOSPITAL

148 Mazisi Kunene (South Ridge) Road, Berea, Durban 4001
Telephone number: 031 204 1300
Fax number: 031 261 6435

LIFE HILTON PRIVATE HOSPITAL

Cnr Hilton Avenue & Monzali Drive, Hilton
Telephone number: 033 329 5600
Fax number: 033 329 5601

LIFE MOUNT EDGECOMBE HOSPITAL

163 – 179 Redberry Road, Rockford, Phoenix 4068
Telephone number: 031 537 4000
Fax number: 031 502 1207

LIFE WESTVILLE HOSPITAL

7 Spine Road, Westville 3630
Telephone number: 031 251 6911
Fax number: 031 265 0952

BOTSWANA

LIFE GABERONE PRIVATE HOSPITAL

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