

LIFE HEALTHCARE GROUP HOLDINGS LIMITED
(Incorporated in the Republic of South Africa)
(Registration number: 2003/002733/06)
ISIN: ZAE000145892
Share Code: LHC
("Life Healthcare")

DEALINGS IN SECURITIES BY DIRECTOR

Shareholders are referred to the announcement released on SENS on 22 June 2010 for Brimstone Investment Corporation Limited ("Brimstone"), wherein it was stated that, as a result of the unbundling of a portion of Brimstone's interest in Health Strategic Investments Limited ("Health") and the subsequent unbundling of Health's interest in Life Healthcare, all Brimstone shareholders received 40 Life Healthcare ordinary shares for every 100 Brimstone shares they owned. Shareholders are advised that a non-executive director of Life Healthcare, MA Brey has exercised his Brimstone share options granted through the Brimstone Share Trust. Accordingly, in compliance with the JSE Limited Listings Requirements, the following information is disclosed:

Director	:	MA Brey
Company	:	Life Healthcare
Date of transaction	:	10 March 2011
Nature of transaction	:	Off market exercise of Brimstone options in respect of both Brimstone ordinary shares and "N" ordinary shares and delivery of Life Healthcare ordinary shares
Class of Brimstone securities	:	Brimstone ordinary shares
Option strike price	:	R9.00
Number of Brimstone securities	:	27 700
Class of Brimstone securities	:	Brimstone "N" ordinary shares
Option strike price	:	R5.21
Number of Brimstone securities	:	49 280
Number of Life Healthcare shares received	:	30 792
Price*	:	R15.26
Class of securities	:	Life Healthcare ordinary shares
Total value of transaction	:	R471 117.60
Nature of interest	:	Indirect beneficial
Clearance obtained	:	Yes

*Closing price of Life Healthcare shares on 10 March 2011

Director	:	MA Brey
Company	:	Life Healthcare
Date of transaction	:	10 March 2011
Nature of transaction	:	Off market transfer of

		securities from the Mushaky Family Trust (of which the director is a beneficiary)
Number of securities	:	300 000
Class of securities	:	Ordinary shares
Deemed price#	:	R15.26
Total value of transaction	:	R4 578 000
Nature of interest	:	Indirect beneficial
Clearance obtained	:	Yes

Closing price of Life Healthcare shares on 10 March 2011

Johannesburg
14 March 2011

Sponsor
RAND MERCHANT BANK (A division of FirstRand Bank Limited)