

LIFE HEALTHCARE GROUP HOLDINGS LIMITED
(Incorporated in the Republic of South Africa)
(Registration number: 2003/002733/06)
ISIN: ZAE000145892
Share Code: LHC
("Life Healthcare" or "the group")

TRADING UPDATE

The group's results for the year ending 30 September 2011 are expected to show an improvement of more than 20% from those reported for the year ended 30 September 2010. This arises due to; inter alia, costs associated with the listing of the company in the 2010 financial year, the most significant of which was the Secondary Tax on Companies charge. Accordingly, the group is required to issue a trading statement. Life Healthcare cannot at this stage with reasonable certainty, quantify the extent of its results for the year ending 30 September 2011.

A trading statement for the year ending 30 September 2011 will be issued later in the reporting period, which should be before the end of October 2011.

The forecast financial information on which this trading update is based has not been reviewed and reported on by the group's external auditors.

Illovo
29 July 2011

Sponsor
RAND MERCHANT BANK (A division of FirstRand Bank Limited)