



# LIFE MENTAL HEALTH

LEADING PROVIDER OF  
ACUTE PSYCHIATRIC SERVICES

**Life** Mental Health

*Making life better*

## The right choice for acute mental healthcare

Life Healthcare is a leading provider of private psychiatric services in South Africa, currently offering such services at nine dedicated facilities in Gauteng, the Eastern Cape, KwaZulu-Natal and Western Cape four provinces.

Life Healthcare intends to widen access to, and meet the growing demand for private acute mental healthcare. Currently is operates more than 500 beds and plans to extend the geographic footprint in 2018.

## Our services

The mental healthcare services offered at these dedicated facilities include general psychiatry, treatment for substance dependence or other addictions associated with psychiatric disorders and, in certain cases, some psychiatric sub-specialities for high and medium acuity users. Post-discharge support is usually also offered.

Treatments offered include evidence-based drug therapy, individual psychiatric consultations and psychotherapy, group therapy and, where needed, physical therapy.

These holistic services are provided by a multi-disciplinary team which, depending on individual patient needs, could comprise medical practitioners such as psychiatrists; other healthcare professionals such as psychologists, occupational therapists, physiotherapists, social workers and counsellors; as well as nursing practitioners trained in mental health.

## Our quality

Life Healthcare is committed to providing mental healthcare users with service of world-class quality. By 2014, Life Mental Health will have achieved separate ISO 9001 : 2008 accreditation for its quality management systems.



## Portfolio of dedicated Life Mental Health Facilities



### Life Glynnview, Benoni, Johannesburg

Total bed capacity – 80, comprising 60 beds for voluntary, 15 for assisted and 5 for involuntary admissions.



### Life Huntersraig Private Hospital, Central, Port Elizabeth

Total bed capacity – 41, for voluntary admissions (including 4 beds for emergency admissions).



### Life Poortview, Roodepoort, Johannesburg

Total bed capacity – 80, comprising 60 beds for voluntary, 15 for assisted and 5 for involuntary admissions.



### Life Riverfield Lodge, near Fourways, Sandton

Total bed capacity – 26, for voluntary admissions.



### Life Carstenview, Johannesburg

Total bed capacity – 60, comprising 15 beds for voluntary, 10 for assisted, 5 for involuntary and 30 for substance abuse.



### Life New Kensington, Johannesburg

Total bed capacity – 20, for voluntary admissions.



### Life St Vincent's, Western Cape

Total bed capacity – 35, for voluntary admissions.



### Life St Joseph's, Berea, Durban

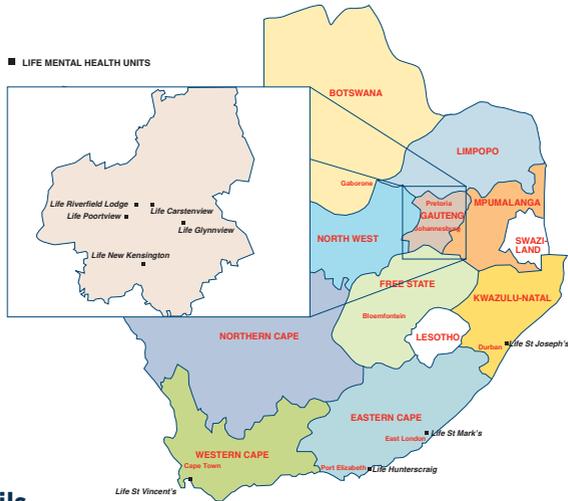
Total bed capacity – 100, comprising of 89 adult and 11 adolescent beds.



### Life St Mark's Clinic, Southernwood, East London

Total bed capacity – 55, for voluntary admissions (including 3 high care beds).

# National spread of mental health units



## Contact Details

### EASTERN CAPE

**LIFE HUNTERS CRAIG PRIVATE HOSPITAL**  
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 Port Elizabeth 6001  
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**LIFE NEW KENSINGTON**  
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**LIFE ST MARK'S CLINIC**  
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 East London 5201  
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**KWAZULU-NATAL**  
**LIFE ST JOSEPH'S**  
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**GAUTENG**  
**LIFE GLYNNVIEW**  
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 Benoni 1501  
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**WESTERN CAPE**  
**LIFE ST VINCENT'S**  
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**LIFE POORTVIEW**  
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