LIFE MENTAL HEALTH

LEADING PROVIDER OF
ACUTE PSYCHIATRIC SERVICES
The right choice for acute mental healthcare

Life Healthcare is a leading provider of private psychiatric services in South Africa, currently offering such services at nine dedicated facilities in Gauteng, the Eastern Cape, KwaZulu-Natal and Western Cape four provinces.

Life Healthcare intends to widen access to, and meet the growing demand for private acute mental healthcare. Currently it operates more than 500 beds and plans to extend the geographic footprint in 2018.

Our services

The mental healthcare services offered at these dedicated facilities include general psychiatry, treatment for substance dependence or other addictions associated with psychiatric disorders and, in certain cases, some psychiatric sub-specialities for high and medium acuity users. Post-discharge support is usually also offered.

Treatments offered include evidence-based drug therapy, individual psychiatric consultations and psychotherapy, group therapy and, where needed, physical therapy.

These holistic services are provided by a multi-disciplinary team which, depending on individual patient needs, could comprise medical practitioners such as psychiatrists; other healthcare professionals such as psychologists, occupational therapists, physiotherapists, social workers and counsellors; as well as nursing practitioners trained in mental health.

Our quality

Life Healthcare is committed to providing mental healthcare users with service of world-class quality. By 2014, Life Mental Health will have achieved separate ISO 9001 : 2008 accreditation for its quality management systems.
Portfolio of dedicated Life Mental Health Facilities

Life Glynnview, Benoni, Johannesburg
Total bed capacity – 80, comprising 60 beds for voluntary, 15 for assisted and 5 for involuntary admissions.

Life Hunterscraig Private Hospital, Central, Port Elizabeth
Total bed capacity – 41, for voluntary admissions (including 4 beds for emergency admissions).

Life Poortview, Roodepoort, Johannesburg
Total bed capacity – 80, comprising 60 beds for voluntary, 15 for assisted and 5 for involuntary admissions.

Life Riverfield Lodge, near Fourways, Sandton
Total bed capacity – 26, for voluntary admissions.

Life Carstenview, Johannesburg
Total bed capacity – 60, comprising 15 beds for voluntary, 10 for assisted, 5 for involuntary and 30 for substance abuse.

Life New Kensington, Johannesburg
Total bed capacity – 20, for voluntary admissions.

Life St Vincent’s, Western Cape
Total bed capacity – 35, for voluntary admissions.

Life St Joseph’s, Berea, Durban
Total bed capacity – 100, comprising of 89 adult and 11 adolescent beds.

Life St Mark’s Clinic, Southernwood, East London
Total bed capacity – 55, for voluntary admissions (including 3 high care beds).
National spread of mental health units

Contact Details

**EASTERN CAPE**

**LIFE HUNTRESSCRAIG PRIVATE HOSPITAL**  
22 Park Drive, Central  
Port Elizabeth 6001  
Tel: 041 586 2664  
Fax: 041 586 4944

**LIFE ST MARK’S CLINIC**  
16 St Andrews Road, Southernwood,  
East London 5201  
Tel: 043 707 4400  
Fax: 043 742 1681

**GAUTENG**

**LIFE GLYNNVIEW**  
129 - 130 Howard Avenue  
Benoni 1501  
Tel: 011 741 5462  
Fax: 011 421 3827

**LIFE POORTVIEW**  
18 Malcolm Road, Poortview  
Roodpoort 1724  
Tel: 011 952 3000  
Fax: 086 677 8375

**LIFE RIVERFIELD LODGE**  
34 Southernwoods Road, Nietgedacht,  
Randburg 2194  
Tel: 086 074 8373  
Fax: 086 673 9869

**LIFE CARSTENVIEW**  
21 Dane Road, Glen Austin, Midrand, 1685  
Private Bag x 54, Halfway House, 1685  
Tel: 011 655 5791  
Fax: 086 743 6713

**LIFE NEW KENSINGTON**  
23 Roberts Avenue, Kensington, Johannesburg, 2094  
Po Box 75089, Garden View, 2047  
Tel: 011 538 4700  
Fax: 011 614 3037/5459

**KWAZULU-NATAL**

**LIFE ST JOSEPH’S**  
82 Mazisi Kunene (South Ridge) Road,  
Berea, Durban 4001  
Tel: 031 204 1300  
Fax: 031 204 1471

**WESTERN CAPE**

**LIFE ST VINCENT’S**  
Alexandra Road, Pinelands, Cape Town, 7405  
Po Box 103, Howard Place, 7450  
Tel: 021 506 5360  
Fax: 021 506 5361

**MENTAL HEALTH NATIONAL OFFICE**

**LIFE MENTAL HEALTH**  
Oxford Manor, 21 Chaplin Road,  
Illovo 2196  
Tel: 011 219 9620  
Fax: 086 686 0441  
Email: mentalhealth.headoffice@lifehealthcare.co.za