



2011/12 continuing professional development programme for neuro-rehabilitation

Life Rehabilitation continues to grow its network of dedicated rehabilitation units and services. We operate just over 50% of all the private rehabilitation beds in South Africa. Our name is synonymous with quality, cost-effective, outcomes-driven acute rehabilitation services for adults disabled by stroke, spinal cord injury, brain injury and other disabling conditions. The introduction of the two dedicated paediatric units in the last two years expanded our services to children younger than 12 years of age. Not only do these units offer quality neuro rehabilitation services to newly disabled children, but they also offer short intensive inpatient programmes for children with chronic cerebral palsy.

Annual inpatient review programmes for clients with chronic spinal cord injuries are also being offered at all of our units. The aim of this programme is to prevent and manage long term complications of spinal cord afflictions.

Our network of six rehabilitation units provides wide coverage and access to our services. The opening of the 36 bed Life rehabilitation unit adjacent to the Life Vincent Pallotti Hospital in Cape Town, in November 2011 will further increase our capacity and extend our footprint to a fifth province.

Life Rehabilitation is still the only group accredited ISO-9001:2008 rehabilitation network in South Africa, evidence that our quality standards meet international criteria.

As part of our commitment to continuing professional development (CPD) in the field of rehabilitation in South Africa, we offer a number of educational activities in this specialised field. This year, we continue to focus on specialist skills training workshops, presented by recognised experts in the field. The events are designed to lay a theoretical framework and build practical skills that practitioners can utilise in developing and consolidating their own fields of practice.

our commitment to continuing professional development

We are committed to offering expert, interdisciplinary rehabilitation-related CPD courses to our colleagues, in the interest of developing this exciting field of practice. We look forward to your participation in our learning activities for 2011/12.

We present an opportunity for skills development and detailed topic exploration, discussion on current issues in the field, as well as an opportunity to network with professionals having similar interests.

Our programme this year comprises one and two day workshops. The workshops generally cost between R250 to R600 per day.

details

All events are CPD accredited and CPD certificates will be presented to all attendees at the end of each event. The final detailed programme and registration form will be available from the contact person at the venue six weeks prior to each event. All of our CPD activities include refreshments.

registration procedure

Please liaise with the venue's contact person to confirm whether places are available, and to make a booking. Once you have booked your place, you should make payment directly into the bank account, and fax proof of payment to the contact person for the event.

No places are confirmed until proof of payment has been received. We are regrettably unable to accept payment at the event. Registration will be confirmed once registration details and proof of payment has been received. Participants are encouraged to register early as places are limited. Bookings close two weeks prior to the event or earlier, if capacity has been reached.

bank details

Bank: First National Bank

Account name: Life Healthcare Limited

Branch code: 255 005 or 250655 (electronic transfers)

Account number: 6202 8049 840

Reference: Please check registration form for exact details as each CPD has an unique reference number. The reference number is to be followed by name of attendee

DISCLAIMER

Every attempt is made by Life Rehabilitation to align the programme topics with the current trends in the field of rehabilitation medicine in South Africa. However, the views expressed by our workshop presenters do not necessarily reflect those of Life Rehabilitation.

Topic	Description	Venue	Day/Date	Cost
Stroke rehabilitation: what are we doing, and where are we going?	Professor Gert Kwakkel who has published over 90 scientific papers in peer reviewed journals such as Lancet and Stroke, will share his experiences in stroke rehabilitation, treatment strategies and prediction of outcomes in the European Union.	Life Eugene Marais Hospital Pretoria	Tuesday 23 August 2011	R 300
Speaker: Prof Gert Kwakkel, chair of Neuro-rehabilitation at the Vrije Universiteit University Medical Centre in Amsterdam; senior lecturer at the Faculty of Human Movement Science in Amsterdam, president of the Dutch Society of Neuro-rehabilitation; and visiting professor for the Faculty of Health, Social Work and Education at the University of Northumbria in the United Kingdom.				
SANRA congress*	The Southern African Neurological Rehabilitation Association's bi-ennial congress showcases international and national speakers in the world of neuro-rehabilitation. The theme " Neuro-rehabilitation 2011 Awakening New Perspectives " will focus on advances in the field of neurological rehabilitation from both a medical and an allied medical perspective, addressing the physical, cognitive, communicative and emotional needs of those requiring rehabilitative intervention – see www.sanra.org for more details.	Wanderers Club Johannesburg	Wednesday-Friday 24-26 August 2011	R 4900 - R5550 full reg or R2500/day
Speakers: Various				
Assessment and management of adults with acquired neurological impairment	During this workshop on the assessment and treatment of adults with acquired neurological conditions, participants will be able to learn and apply appropriate principles to such clients as well as effective handling skills.	Life St Dominic's Hospital East London	Wednesday 7 September 2011	R 600
Speakers: Christine Buchanan, registered counselor and therapy manager: Headway Gauteng Kerryn Foot, occupational therapist				
Assessment and management of adults with spinal cord injury	Sustaining a spinal cord injury is a devastating moment in a person's life, and a targeted, interdisciplinary approach is required to ensure optimal outcome and re-integration. This workshop will provide practitioners with theoretical knowledge and practical skills in the assessment and rehabilitation of adults who have sustained spinal cord injuries, with particular emphasis on the acute, physical rehabilitation of persons presenting with incomplete lesions.	Life Entabeni Hospital Durban	Wednesday 21 September 2011	R550
Speakers: Elsje Scheffler, physiotherapist				

*External congress organized by the Southern African Neurological Rehabilitation Association

Topic	Description	Venue	Day/Date	Cost
Management of cerebellar lesions in adults	This workshop will provide practitioners with theoretical knowledge on the effect of cerebellar lesions on movement and physical functioning, as well as on cognitive and behavioural function. This interactive workshop will also provide opportunity for practical learning through the presentation of a number of case studies. Treatment approaches and strategies will also be explored in detail.	Life Pasteur Hospital Bloemfontein	Thursday 22 September 2011	R 350
Speakers: Corina Botha, occupational therapist Ben Janecke, clinical psychologist				
Ethics and disability	Clinicians are faced with ethical decisions on a daily basis. This workshop will assist professionals understand principles of consent, ethical issues around children with disabilities, understanding capacity and guidelines on how to share information in an ethical manner. Examples of daily ethical dilemmas in clinical settings will be explored.	Life New Kensington Clinic Johannesburg	Thursday 20 October 2011	R 350
Speaker: Dr Gale Ure, masters in Bioethics and Health Law				
Augmentative and alternative communication (AAC) implementation with adults who have acquired neurological impairment	The inability to communicate using speech can have a far-reaching negative impact on the outcome of the rehabilitation of adults with acquired neurological conditions. It is essential to establish communication as early as possible. This interactive workshop will equip rehabilitation professionals with knowledge and skills regarding the implementation of AAC strategies with clients in acute and long term phases of rehabilitation including clients with aphasia. Practical sessions will provide hands-on opportunities to design low- and no-tech materials and resources to use in ICU, rehabilitation and home settings. High- tech options will also be discussed.	Life Entabeni Hospital Durban	Thursday 10 November 2011	R 400
		Life New Kensington Clinic Johannesburg	Thursday 17 November 2011	R 500
Speaker: Dr. Margi Lilienfeld, AAC specialist and occupational therapist				

Topic	Description	Venue	Day/Date	Cost
Aquatic therapy in adult orthopaedic and neurological impairment	Aquatic therapy is widely acknowledged to be a valuable treatment modality in the rehabilitation of clients presenting with neurological and orthopaedic conditions. This workshop will provide evidence-based aquatic theory and practices, including the Halliwick concept, the Bad Ragaz (PNF in water), as well as the Ai Chi technique which re-educates balance and co-ordination. Hands on participation from attendees is required to ensure an appropriate level of skill – so remember to bring a costume.	Life Vincent Pallotti Hospital Cape Town	Saturday-Sunday 26 - 27 November 2011	R750
Speaker: Gillian Adams, physiotherapist				
Assessment and management of adults with spinal cord injury	Sustaining a spinal cord injury is a devastating moment in a person's life, and a targeted, interdisciplinary approach is required to ensure optimal outcome and re-integration. This workshop will provide practitioners with theoretical knowledge and practical skills in the assessment and rehabilitation of adults who have sustained spinal cord injuries, with particular emphasis being placed on the acute, physical rehabilitation of persons presenting with incomplete lesions	Life St Dominic's Hospital East London	Monday 28 November 2011	R 600
Speaker: Elsje Scheffler, physiotherapist				
Dysphagia Management of Adults with Neurological Impairments	The management of dysphagia is critical for successful management of clients with neurological dysfunction. Adequate nursing involvement and competence should be part of institutions' service development toward effective management of adults with dysphagia and/or at risk for aspiration pneumonia. This course aims to equip nursing staff with skills for doing early screening for swallowing problems in clients. Invaluable insights into dysphagia diets/liquid modifications and nurse interventions during mealtimes will be offered.	Life Vincent Pallotti Hospital Cape Town	Thursday 9 February 2012	R 300
Speaker: Dr Mershen Pillay, speech pathologist and audiologist: Mafraq Hospital, Abu Dhabi				

Topic	Description	Venue	Day/Date	Cost
Assessment and management of adults with spinal cord injury	Sustaining a spinal cord injury is a devastating moment in a person's life, and a targeted, interdisciplinary approach is required to ensure optimal outcome and re-integration. This workshop will provide practitioners with theoretical knowledge and practical skills in the assessment and rehabilitation of adults who have sustained spinal cord injuries, with particular emphasis being placed on the acute, physical rehabilitation of persons presenting with incomplete lesions	Pasteur Hospital Bloemfontein	Thursday 23 February 2012	R 450
Speaker: Elsje Scheffler, physiotherapist				
Assessment and management of co-morbid neuropsychological conditions affecting the rehabilitation of clients with SCI and/or polytrauma	Following spinal injury and polytrauma, it is not unusual to find the presence of co-morbid neuropsychological conditions that complicate a client's progress in an in - patient rehabilitation setting. Because symptoms of post-concussion syndrome, major depression and post - traumatic stress disorder frequently overlap, there is a danger that the conditions may not be identified and treated appropriately. This interactive workshop will equip rehabilitation professionals with knowledge regarding the various clinical presentations of these three conditions, as well as the management and treatment interventions available. It will provide non-psychologists with insight into some of the psychological factors impeding physical rehabilitation, and will provide guidelines for referral to appropriate members of the interdisciplinary team.	Life Riverfield Lodge Johannesburg	Thursday 23 February 2012	R 500
Speaker: Elton Bloye, psychologist with a special interest in neuro-psychology				
Demystifying the myths in neurological rehabilitation – putting the tone monster to bed.	Research in the last decade has provided insight into new understanding and methods of stroke rehabilitation. This workshop presents new ideas on the theory and its clinical implications that will keep practitioners abreast with the changes in the thinking around neurological rehabilitation with the latest evidence based practices.	Life Entabeni Hospital Durban	Wednesday 7 March 2012	R 400
Speaker: Anupa Singh, occupational therapist				

Topic	Description	Venue	Day/Date	Cost
Continence management in neurological impairment	This workshop will offer an opportunity for rehabilitation practitioners to enhance their theoretical knowledge and practical skills in the management of clients with bowel and urinary incontinence as a result of neurological insult.	Life Riverfield Lodge Johannesburg	Wednesday 28 March 2012	R 300
Speakers: Dr Ed Baalbergen, rehabilitation doctor Sr Jacqueline Groenewald, registered nurse and unit manager: Riverfield Lodge				
Demystifying the myths in neurological rehabilitation – putting the tone monster to bed.	Research in the last decade has provided insight into new understanding and methods of stroke rehabilitation. This workshop presents new ideas on the theory and its clinical implications that will keep practitioners abreast with the changes in the thinking around neurological rehabilitation with the latest evidence based practices.	Life Eugene Marais Hospital Pretoria	Wednesday 9 May 2012	R 500
Speaker: Anupa Singh, occupational therapist				

DISCLAIMER

Whilst every effort will be made to ensure that the workshops are presented by the advertised speakers, Life Rehabilitation reserves the right to source new/additional speakers in the event of an advertised speaker not being able to honour his/her commitment. Furthermore, details given on external congresses are what were available on websites and may be subjected to changes, over which Life Rehabilitation has no control.



contact details

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